

Lesson 2	Subject: TAG RUGBY	Year: 7	Group:	Total No.:	M:	F:
	Lesson Description: Passing NCPE Location 1.3b, 2.1a; 2.1b; 2.2c; 2.2 a; 2.2b; 2.2c; 2.2d; 2.3a; 2.3b; 2.4a; 2.4b; 2.4c; 2.4d; 3.b; 3.c; 3.d; 4a; 4b; 4c; 4d; 4e; 4f; 4g	Ability:	Period:	SEN:		
		Duration:	w/c:			

Objectives: To understand and know how to accurately replicate and perform / execute the lateral pass, and receiving it. To be able to outwit opponents with passing and movement skills.
To be able to accurately replicate and perform, and catch the lateral pass. To understand the rules and laws regarding the pass and catching the ball (e.g. Ball must travel backwards and Knock-on's)

Activity	Description / Organisation	Objectives	Teaching Points	Evaluation / Performance	Differentiation and Creativity			
Warm Up & Stretching	Pop passing drill. Pupils line up facing each other and pop the ball to each other from close distances, keeping the ball in the middle	To understand and know the benefits of a warm-up prior to exercise To accurately replicate and perform the skills and actions within the warm-up To know why they stretch, and the benefits of stretching	<ul style="list-style-type: none"> - Hold the ball with two hands - Fingers pointed and thumbs up, either side off the ball - Toss the ball upwards gently - Aim for team mates hands - Hands out in front 	Observe performances, skills and techniques	<ul style="list-style-type: none"> ↑ Pupils accurately replicate and perform stretches 			
Passing practices	Jog around 22m area using any type of pass	To understand and know how to accurately replicate and perform / execute the lateral pass and receiving it. To be able to accurately replicate and perform, and catch the lateral pass.	<ul style="list-style-type: none"> - 2 Hands on either side of the ball - Pass to hands of receiver - The ball must travel backwards 	Observe performances, skills and techniques ✎ – Pupils refine new skills	<ul style="list-style-type: none"> ↑ Increase distance of passing ↑ Pass from both sides 			
	Pairs, 3 & 4 's passing ball along line	To understand the rules and laws regarding the pass and catching the ball (e.g. Ball must travel backwards and Knock-on's) To appreciate how to make adjustments and adaptations to passes	<ul style="list-style-type: none"> - Look at target - Pass ball to target / bread basket 		<ul style="list-style-type: none"> ↑ Quick passing – getting ball through hands more times than usual 			
	Passing whilst walking		<ul style="list-style-type: none"> - explore and communicate with team mates 		<ul style="list-style-type: none"> ↑ Add an overlap ↑ decrease the area that they have to pass 			
	Passing and jogging		<ul style="list-style-type: none"> - avoid others whilst passing and jogging 					
Game	B'ball game – passing ball backwards in order to get the ball to opponent's goal line. Players must score a try here to score	To know and understand the concept of running forwards and passing backward To know and understand how to score a try and the laws that govern this technique To be able to score a try To be able to outwit opponents with passing and movement skills.	<ul style="list-style-type: none"> - Use correct passing technique - A knock on or ball to ground means the ball is handed over 	Observe performances, skills and techniques within the game <i>M/C</i> – Pupils analyse tactics and strategies used	<ul style="list-style-type: none"> Observe performances ↑ Increase area ↑ Increase goal size and area ↓ Decrease area ✎ – Pupils develop, adapt and refine skills, strategies and tactics used in this section 			
Cool down	Pupils jog around the lines of the 22m in pairs slowly passing the ball	To understand why you Cool Down and do rhythmical movement after exercise	<ul style="list-style-type: none"> - Gentle jogging speed. - Take in deep breaths - Keep upright 	Ask students for feedback regarding their cool down	<ul style="list-style-type: none"> ↑ <i>Nominate 2 pupils to plan cool down for next lesson</i> 			
Informed Choices and Lifestyle	Discuss how we become and stay healthy Discuss the positive effects of a balanced diet for a Tag Rugby players Discuss the benefits of a pre match and post match meal in Tag Rugby. Describe what should be included in a Tag Rugby players pre and post match meals							
Equipment	Tag Rugby Balls, Cones, Markers, Whistle, Bibs, Stopwatch and Tags,							
ICT	Assessment	Citizenship	Peer Evaluation	Literacy	Numeracy	Pupil planning		
Analysis of perf.	Evaluation	Feedback	Q & A	Mathematics	Art	English	Science	Technology

Comments:

HEALTH AND SAFETY THROUGHOUT THIS LESSON

- NO CONTACT - TOUCH TACKLING/TAGGING ONLY - Tell the students that they must remove all jewelry before Tag Rugby - Always - check the working areas for glass, and objects, at the beginning of every lesson. - Demo touch tackling/tagging - Tell them not to kick the balls in the warm-up Must always keep their eyes on ball -Gum shields & Pads MUST be used- Students must always remain in their grids at all times when performing drills. - Must make sure the partners and teams are of equal size- Tell the students that when working in grids they must never kick or roll a ball across it - The student must be clear on the correct & safe technique. - Must explore and communicate with all team-mates at all times - All students must run in the same direction in every group to eliminate collisions - Allow equal spaces at either side of grids for pupils to enter to slow down in. - They must watch out for other students at all times.

ADDITIONAL COMMENTS FOR LESSON, SCHEME AND PLANNING DEVELOPMENT

Competence	Performance	Creativity	Health and Active Lifestyle
Developing Skills	Making and Applying	Physical and Mental Capacity	Evaluating and Improving