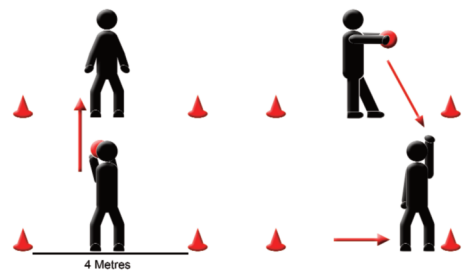


**Objectives**

To be able to accurately replicate a range of passes with pivots and the correct footwork within a small sided game of Netball

**ASSESSMENT**

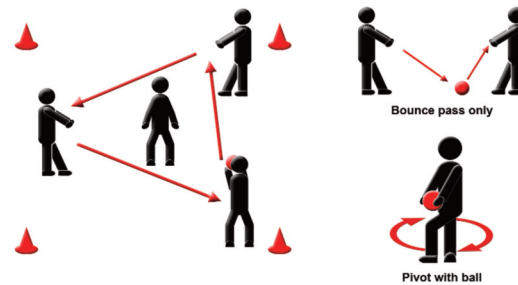
**Activity Three Diagram**



**Objectives**

To be able to accurately replicate the chest pass and bounce pass in small exercises

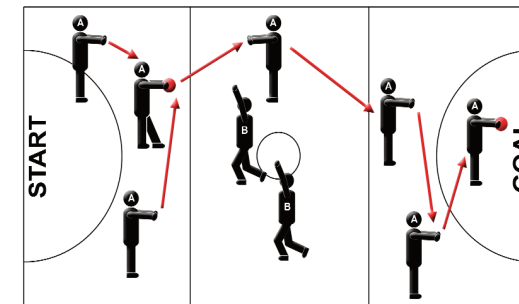
**Activity Four Diagram**



**Objectives**

To be able to use a range of passes to keep possession within a small sided game

**Game Diagram**



**Objectives**

Aims is to get the ball into the attacking D area to outwit the opponents within a game situation

**Activity Description**

In Pairs. 4 metres apart. A passes to B who moves 2 metres to their right and signals. Once A sees the signal then they must pass to B.

**Activity Description**

3 v 1 . Piggy in the middle. Groups are only allowed to use a bounce pass

Pupils must pivot when they have caught the ball

**Activity Description**

7v2. Advance the ball into the D and prevent the defenders

**Teaching Points**

Chest pass - hold ball with fingertips and thumbs behind ball, wrists cocked slightly. Ball at chest with elbow to sides, flick ball from hands  
Bounce - ONLY ONE BOUNCE  
- same as the chest but the ball travels down bouncing 1 m in front of partner

**Harder**  
Increase distance that B has to cover  
Vary passes

**Easier**  
Decrease speed  
Decrease distance  
Add a target

**Creativity and Outwitting**

ASK PUPILS HOW TO OUTWIT OPPONENTS

**Teaching Points**

**Footwork and Pivoting**  
- Land in balanced position  
- Keep weight down  
- Rotate body by pushing foot out, spinning on ball of pivot foot  
- Accelerate into space and on command take off and exaggerate flight.  
- Land in balanced position  
- Perform numerous pivots

**Harder**  
Must make 5/10/15 successful passes

**Easier**  
4v1, 5v1  
Allow chest and any type of pass

**Creativity and Outwitting**

ASK PUPILS HOW TO OUTWIT OPPONENTS

**Teaching Points**

- They can use any type of method within the rules to advance but they cannot move with the ball.  
- They cannot go out of court in contact with the ball.  
- No contact allowed  
- To score every must have passed and received the ball

**Harder**  
Use only a chest, bounce or shoulder pass.  
Restrict length of pass  
Increase number of defenders

**Easier**  
Defenders can only walk.  
Defenders can only move side to side

**Creativity and Outwitting**

ASK PUPILS HOW TO OUTWIT OPPONENTS